



桂林中青旅国际旅游有限公司特色旅游部

China Expedition Tours, A Division of CYTS International Tours Co., Ltd. Guilin

Sichuan & Cantonese Cuisine Tasting Tour

<http://www.chinaexpeditiontours.com/china-tours/sichuan-cantonese-cuisine-tasting-tour.html>

Tour Code: CET-GM07

Length: 8 days and 7 nights

Cities Visited/Stayed: (Shanghai), Huangshan Mountain, Chengdu, Guangzhou, (Shanghai)

Highlight Attractions: Mountain Huangshan Scenic Spot, Chengdu Giant Panda Breeding and Research Base, Renmin Park, Ancestral Temple of the Chen Family

Experience & Features: Savor the Huangshan food, Sichuan Hot-pot dinner, lovely Pandas, Dim Sum in Guangzhou

Sichuan Cuisine and Cantonese Cuisine are the most well-known Chinese food among overseas gourmets. Sichuan and Cantonese cuisines' restaurants can be easily seen all over the world. During this tour, pay a visit to Huangshan Mountain first and degust the Hui Cuisine. Then flight to Chengdu to taste spicy delicious food. Chengdu Giant Panda Researching and Breeding Base will also be visited. This tour ends in Guangzhou, be amazed at how many materials are used in the Cantonese cuisine. Welcome to tasting delicious Sichuan Cuisine and Cantonese Cuisine with us.

Itinerary

Day 1: Shanghai-Huangshan

In the morning we will take a flight to Huangshan City and we will arrive there by dinner time. After that we can have the food of Hui cuisine style as our dinner, which is one of the eight famous cooking styles in China. Anhui Cuisine chefs pay attention to the temperature in cooking and are good at braising and stewing. Besides, hams will be added to improve taste and sugar candy is also added into it. We will have dinner in a local restaurant to [savor the **Huangshan food**], and the dish of strange flavor fish, stone chicken, sesame seed cake are the most famous.

Stay overnight at Huangshan Mountain.

Meals:(D)

Day 2: Huangshan-Shanghai

Early this morning we will **[take cable to climb the Huangshan Mountain]**, appreciating the spectacular view along the way to the top is a pleasant experience for most visitors. Odd-shaped pines, grotesque rock formation, seas of clouds and crystal-clear hot springs are the most outstanding features of Mt. Huangshan. Climbing Mt. Huangshan is the highlight of your outdoor activities, since there is an old saying goes "you won't want to visit any other mountains after seeing wu yue (Five Great China Mountains), but you won't wish to see even wu yue after returning from Mt. Huangshan". How beautiful and unique Mt. Huangshan is! In the afternoon, we take cable downwards and take our car/van/bus going back to Huangshan City. In the evening, take a flight to Shanghai.

Stay overnight in Shanghai.

Meals: (B, L)

Day 3: Shanghai-Chengdu

This morning is free at leisure. After lunch, we take a flight to Chengdu. Our tour guide will meet you at airport and you are transferred to the hotel to have a rest. There are many local products including goods ranging from snakes and snails to fortunes and foot scrubs in the street markets. So it really a wonderful place for you to get some bargains. And walking along the street will make you impressive by the vigor of this small city. It is a very pleasant city to do just this: feast on some great food and soak up some of the mellow atmosphere in one of the thousands of tea houses dotted about the city.

Stay overnight in Chengdu.

Meals: (B, L)

Day 4: Chengdu

Chengdu is also a well-known Chinese cultural city, endowed with unique natural conditions, beautiful environment and profound history. And we will go to experience Chengdu City after a relaxed breakfast. We will have a city tour to the **[People's Park]** and **[Kuanzhai Alley]** where we can experience local people's leisure life, feeling the relaxing pace of this southwestern city that boasts "Heaven of Abundance". Many visitors dreamed to have taste of food of Sichuan Cuisine on their trip to Chengdu. Sichuan Cuisine is considered as the four major style of cooking in China, it's famous for the spicy taste. A hotpot dinner is very common in Chengdu, so we should also experience it ourselves. There are more than 400 kinds of dishes such as Sautéed Pigeon Breast in XO Sauce, Stir-Fried Duck Tongues with Sichuan Chili, Kung Pao Chicken, as well as 2000 kinds of snacks such as Sichuan Style Wonton, Tangyuan (Glutinous Rice Balls) in Fermented Glutinous Rice Soup. Besides, Sichuan brocade, embroidery and lacquer ware are famous keepsakes.

Stay overnight in Chengdu.

Meals: (B, L)

Day 5: Chengdu-Guangzhou

[Chengdu Giant Panda Researching and Breeding Base] is the center where you can enjoy the fun brings by the cute black and white bears. Make sure that you go to visit them during feeding time, 8.30 to 10am in the morning. If you fail to visit them in the right time, the bears will be indulging in their favorite pastime, sleeping! In local restaurant, we have the opportunity to savor the variety of delicious foods. And we will go back to Guangzhou by plane in the afternoon. Upon your arrival, you will be transferred to the hotel and relax.

Stay overnight in Guangzhou.

Meals: (B, L)

Day 6: Guangzhou

"Eat in Guangzhou" is a famous saying in China. Yue Cai (Cantonese Cuisine), one of eight Chinese famous cuisines, is definitely a must in Guangzhou! The ingredients of Cantonese Cuisine are abundant and you eat delicious food with ingredients that you have never heard of before. The morning time is at your own disposal, but we will head to a local restaurant famous for its Guangdong style: Wenchang chicken, fish maw and mushroom soup, stewed abalone with fish maw. **[Ancestral Temple of the Chen Family]** and the **[Museum of Nanyue King's Tomb]** are popular destinations for visitors, and we will we go to visit them after lunch. Built between 1890 and 1894 during the reign of Emperor Guangxu of the Qing Dynasty, the Ancestral Temple of the Chen Family is the largest, best preserved, and best decorated ancient architecture existing in Guangdong province. In the seafood restaurant, you can go to the glass bowl to choose swimming fish, crab, lobster, and others and the waiter will take them to the kitchen; so the food is really fresh and healthy. You can have seafood for your dinner. And you can spent a relaxed time drinking tea when waiting for the juicy and delicious seafood.

Stay overnight in Guangzhou.

Meals: (B)

Day 7: Guangzhou

Guangzhou is a well-renowned cultural city with a history of over 2,000 years and the starting point of China's contemporary and modern revolution. After breakfast, we will head to visit the **[Yuexiu Park]** where we can see the **[Statue of Five Goats]**, the symbol of Guangzhou City. Next we will to the summit of this city, the top

of **[Guangzhou Tower]**, which is the highest TV tower in Asia. There are various fashionable clothing and commodities displaying in shops on each side of the **[Shangxiajiu commercial street]**, so it is an excellent place for you to get some traditional products of Guangzhou. Here you can not only purchase some at good prices but also can see the traditional building style-Qi building. Of all the regional varieties of Chinese cuisine, Cantonese is renowned both inside and outside China. For many traditional Cantonese cooks, the flavors of a finished dish should be well-balanced, and never cloying or greasy. Our later lunch (Xiawucha) is arranged at Tao Tao Ju Restaurant which is located at the Shangxiajiu Street or Panxi Restaurant which is in a garden. They are considered great places for dim sum that is the most typical Cantonese snack.

Stay overnight in Guangzhou.

Meals: (B)

Day 8: Guangzhou-Shanghai

The morning time is at your own disposal and you can relax until you are transferred to Guangzhou airport for the flight back to Shanghai.

Meals: (B)

Add: 3rd F, Dongfang Bldg, 30 Qixing Rd, Guilin 541004, China

Website: ChinaExpeditionTours.com

Tel: 86-773-5817222, 5817255

Fax: 86-773-5829185