



桂林中青旅国际旅游有限公司特色旅游部

China Expedition Tours, A Division of CYTS International Tours Co., Ltd. Guilin

Delicious Chinese Cuisine Savoring Tour

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Tour Code: CET-GM03

Length: 13 days and 12 nights

Cities Visited/Stayed: Beijing, Shanghai, Huangshan Mountain, Chengdu, Guangzhou, (Hong Kong)

Highlight Attractions: Great Wall, Forbidden City, The Bund, Yu Yuan Garden, Scenic Areas of Yellow Mountain, Ancestral Temple of the Chen Family

Experience & Features: Peking Duck, Hutong tour, imperial dinner, Shanghai Benbang dish, savor the Huangshan food, Hot-pot dinner, Panda, Dim Sum

Chinese cuisine, with thousand years of creative and accumulative efforts, has become increasingly popular among overseas gourmets. This savoring tour will bring to taste authentic and delicious Chinese cuisines, e.g. Hui cuisine, Sichuan cuisine and Cantonese cuisine. Begin our tour in Beijing, you can witness and climb the magnificent ancient construction of the Great Wall, enjoy private family feast at one restaurant in the depth of Hutong, also a sumptuous emperor's dinner is served there. Also included is a memorable visit to Yuyuan Garden in Shanghai, be seated comfortable tasting the snacks while intoxicating in the wonderful sceneries. Pay a visit to Huangshan Mountain and degust the Hui cuisine. We flight to Chengdu to sample the spicy Sichuan food. Our tour ends in Guangzhou, be amazed at how many materials are used in the Cantonese cuisine. You are warmly welcomed to join us and start this delicious tour.

Itinerary

Day 1: Beijing

Our tour guide will meet you in the airport and will accompany you to check in the hotel once your arrival in Beijing.

Stay overnight in Beijing.

Meals:(B, L)

Day 2: Beijing

In the morning, we will travel to **[Mutianyu Great Wall]**, 80 kilometers northeast of Beijing. Mutianyu Great Wall is characterized by many watchtowers on overlapping mountain ranges. The wall, built with slabs of stone, is crenellated on both sides with bricks. It is said that a visit to Beijing isn't complete without trying the crispy and tasty **[Peking duck dinner]**, so we arrange a featured dinner for you at Quanjude restaurant. Due to the special cooking methods, the Peking duck has unique flavor that will enable you to have unforgettable dining experience. When roasting and drying, the duck looks dark red, shining with oil and crisp skin. Seeing its appearance, few people could resist the temptation to try it.

In most cases, the chef will show you the whole duck with thin pieces with both skin and meat on. There are other ingredients for you to add such as onion, and sauce in a pancake or a sesame bun. Other parts of the duck are served as either cold dishes or hot dishes. The bones can even be decocted together with Chinese watermelon and cabbage. So it is really not only a taste feast but also an eye feast.

Stay overnight in Beijing.

Meals: (B, L)

Day 3: Beijing

[Hutong] (Chinese word for alleys in Beijing) is very traditional building constructor in Beijing, and also a good place to start our China gourmet. Hutongs in Shichahai area are former residences of many influential officials in the past. Twisty and peaceful Hutongs best displays the culture and history of ancient Beijing. So in this morning we will drive to the **[Shichahai area]** located in the vicinity of second ring road. The reason why we choose to visit it to experience traditional Beijing image is that this area still looks as it did in ancient times. You can go through Hutongs sitting in a rickshaw, enjoying the centralized old Beijing. The family feast of the Mei Mansion Restaurant is our first stop to explore the eating culture in Beijing. This mansion is the former residence of Mr. Mei Lanfang- the famous Beijing opera performer who is well-known around China. People usually wonder what makes Mei family private feast distinguished among the various restaurants in Beijing, but they will understand it after they go to experience themselves. It's believed that there are three principles about the meal for Mr. Mei, one is not fat and greasy, and second is food must good to throat and protect voice, third is benefits skin. The Mei family feast successively combined Huaiyang dishes in south and Beijing Tan family dishes, and especially famous for its unique cooking of fish. It's a worthy trip if you try the "Seven Color Shredded fish". Mr. Mei took chicken congee as a daily dish, which is daintily made with thick fragrance of chicken soup, adding vegetable juice to the congee when ready, making it delicate and tasty.

Our second stop for dinner is arranged in Fang Shan Fan Zhuang, and it is courtyard in **[Prince Gong Mansion]**, one of the best preserved courtyards in the capital. Here you can experience being treated as Emperor and nobles and savor the sumptuous imperial dinner; the food take keeping good health as priority and successfully combine primes of all Chinese dishes

Stay overnight in Beijing.

Meals: (B)

Day 4: Beijing

Located at the center of Beijing City is Tiananmen Square, where you can visit Tiananmen Tower, Monument to the People's Heroes, Great Hall of the People, Mao Zedong Memorial Hall and see the national flag raising ceremony. So it is pleasant to take a walk on the **[Tian'anmen Square]** after breakfast. Our second destination is **[Forbidden City]** -- imperial palaces for the emperors of the Ming and Qing dynasties. The city contains 800 ceremonial buildings, 9,999 rooms, and a courtyard that can hold 100,000 people. There are best preserved ancient Chinese architectural styles here, providing an imposing view for visitors. Then we gather and go to the Zen -Cool Restaurant located at east Beijing. Once you enter the restaurant, the decoration style and clothing of waiters will make you feel that you are in a "prison-house" to enjoy your meal. Indeed it is a prison theme restaurant. However, dishes here are delicately made and converging flavors from different areas. Those tasty dishes with funny and smart names can give you a brand new dining experience. The seafood barbecue indicates that you will start well and ends well, and be release soon.

Next our tour guide will lead you to the Fortune Street, a fantastic street gathering gastronome and tasty foods from all over the world. You can arrange your time freely to look around, try different snacks and dishes. Dinner is also for your own choice, and there are lots of choices waiting for you such as an Italian restaurant with its bizarre shape pizzas welcomes you, a Thailand restaurant with its famous golden crab in thick soup etc.

Stay overnight in Beijing.

Meals: (B)

Day 5: Beijing-Shanghai

In the morning, we will go to Shanghai by train and we will arrive in Shanghai at about lunch time. We will set out to the Laozao Restaurant to savor the elegant Shanghai Benbang dish after a short time rest. Every dish was delicious without monosodium glutamate, to retain its original taste of the material, telling you special cooking art. After lunch, we will pay a visit to the **[Jade Buddha Temple]**, an elegant structure famous for its Buddha statue which is carved of solid white jade and decorated by jewels. **[Outer Bund]** can provide magnificent view of Shanghai to, at that time you may marvel at how modern this metropolis is while still containing its old traditions. You can also walk on the **[Nanjing Road]**, the most prosperous commercial street to experience the excitement of modern Shanghai. In the evening, you can either eat western food or Chinese food for your dinner.

Stay overnight in Shanghai.

Meals: (B)

Day 6: Shanghai-Huangshan

[Yuyuan Garden] that you can find more delicate handicrafts and tasty Chinese snacks is our first stop in today's tour. More than 500 kinds of snacks are gathering here, so you really have various choices. We highly recommend the Nanxiang Steamed Bun Stuffed with Pork and Crab Roe and Spring Rolls. After that, we will take a flight to Huangshan.

We will reach Huangshan by dinner time, since the food. Since Huangshan locates in Anhui province, the food in Huangshan lies within Hui cuisine style, which is one of the eight famous cooking styles in China. Anhui Cuisine chefs take high priority in temperature when cooking and they are good at braising and stewing. Often hams will be added to improve taste and sugar candy added to gain. You will eat your dinner in a local restaurant to savor the Huangshan food, especially the dish of strange flavor fish, stone chicken, sesame seed cake and others.

Stay overnight at Huangshan City.

Meals: (B)

Day 7: Huangshan-Shanghai

Early this morning we **[take cable to climb the Huangshan Mountain]**; you can enjoy the spectacular view along the way to the top. Mt. Huangshan is characterized by the four wonders, namely, odd-shaped pines, grotesque rock formation, seas of clouds and crystal-clear hot springs. It is said that you won't want to visit any other mountains after seeing wu yue (Five Great China Mountains), but you won't wish to see even wu yue after returning from Mt. Huangshan. This saying may give you some idea of the beauty and uniqueness of Mt. Huangshan. In the afternoon, we take cable downwards and take our car/van/bus going back to Huangshan City. In the evening, take a flight to Shanghai.

Stay overnight in Shanghai.

Meals: (B, L)

Day 8: Shanghai-Chengdu

Before we take a flight to Chengdu, you are free to arrange your time. Our tour guide will meet you at the airport and accompany you to check in the hotel. The markets and street hawkers fill the streets dealing in everything beyond your imagination. And they are products ranging from snakes and snails to fortunes and foot scrubs. It is a very pleasant city to do just this: feast on some great food and soak up some of the mellow atmosphere in one of the thousands of tea houses dotted about the city.

Stay overnight in Chengdu.

Meals: (B, L)

Day 9: Chengdu

The tour of experiencing Chengdu City will begin after your leisurely breakfast. Chengdu is also a famous Chinese cultural city, endowed with unique natural conditions, beautiful environment and profound history. **[People's Park]** and **[Kuanzhai Alley]** are on our tour destination list, where we can experience local people's leisure life, feeling the relaxing pace of this southwestern city that boasts "Heaven of Abundance".

People who go to Sichuan always wish to Sample the Sichuan cuisine that is considered as the four major style of cooking in China, and it's famous for the spicy taste. In order to experience the authentic Sichuan spicy food, you are advised to eat a hotpot dinner. There are more than 400 kinds of dishes such as Sautéed Pigeon Breast in XO Sauce, Stir-Fried Duck Tongues with Sichuan Chili, Kung Pao Chicken, as well as 2000 kinds of snacks such as Sichuan Style Wonton, Tangyuan (Glutinous Rice Balls) in Fermented Glutinous Rice Soup. People who cannot undergo the spicy taste should really take care of the stomach! Sichuan brocade, embroidery and lacquer ware are also the famous souvenirs.

Stay overnight in Chengdu.

Meals: (B)

Day 10: Chengdu-Guangzhou

This morning we depart by private bus to **[Chengdu Giant Panda Researching and Breeding Base]**, locating on the mountain of Futoushan in the northern suburbs of the city. In order to have a better time to enjoy the cute bears, you should avoid visiting at their sleeping time, that is to say, you should visit them in the morning, between 8.30 and 10am, during feeding time. Then we go to a local restaurant to savor the variety of delicious foods. We will take a flight to Guilin this afternoon.

Upon your arrival, you can relax yourself in the hotel.

Stay overnight in Guangzhou.

Meals: (B)

Day 11: Guangzhou

Yue Cai (Cantonese Cuisine), one of eight Chinese famous cuisines, is definitely a must in Guangzhou, since Guangzhou is a paradise for gourmets. You can eat delicious food with ingredients you have never heard of before, which is really a new experience. Wenchang chicken, fish maw and mushroom soup, stewed abalone with fish maw is very famous, and we will head to a local restaurant to have the meal. After lunch we go to visit the **[Ancestral Temple of the Chen Family]** and the **[Museum of Nanyue King's Tomb]**. Built between 1890 and 1894 during the reign of Emperor Guangxu of the Qing Dynasty, the Ancestral Temple of the Chen Family is the biggest, best preserved, and best decorated ancient architecture existing in Guangdong province. Dinner is in your own decision, so you can dine in a seafood restaurant, where you can go to the glass bowl to choose swimming fish, crab, lobster, and others and the waiter will take them to the kitchen, you just drink tea while waiting, and then feast yourself on the juicy and delicious seafood.

Stay overnight in Guangzhou.

Meals: (B)

Day 12: Guangzhou

Guangzhou is a popular destination because it not only retains its traditional customs, but also a large city full of vigor and current fashions. After breakfast, we go to visit the **[Yuexiu Park]** where we can see the **[Statue of Five Goats]**, the symbol of Guangzhou City. When you are standing on the top of **[Guangzhou Tower]**, which is the highest TV tower in Asia, the whole view of Guangzhou is available to you. Later we will come to the **[Shangxiajiu commercial street]**, a very long street with fashion clothing and various commodities displaying in shops on each side of the street. It is truly a lovely place where you can purchase some at good prices meanwhile you can see the traditional building style-Qi building. There's a popular saying goes "Where there are Chinese, there are Cantonese; where there are Cantonese, there is Cantonese cuisine". So you can see that Guangzhou's food is popular around the country and even overseas.

Tao Tao Ju Restaurant and Panxi Restaurant are considered great places for dim sum that is the most typical Cantonese snack. Therefore, a later lunch (Xiawucha) is arranged at Tao Tao Ju Restaurant locating at the Shangxiajiu Street or Panxi Restaurant which is in a garden.

Stay overnight in Guangzhou.

Meals: (B)

Day 13: Guangzhou-Hong Kong-Departure

You can rest yourself this morning until you are ready to be transferred to the next destination or for departure to Hong Kong.

Meals: (B)

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